**Phenylethylamine (PEA, β-phenylethylamine (β-PEA), 2-phenylethan-1-amine) is a trace amine found in a number of plant and animal species and derived from the amino acid L-Phenylalanine.**

**Beta-Phenylethylamine HCl improves the output of neurotransmitters called catecholamines, while reducing their re-uptake – resulting in increased concentrations in the brain and plasma.**

Anecdotally, PEA may have similar effects to other energizing supplements, with short-lived but intense effects.

A 1.0cc measuring scoop is included. One level scoop contains approximately one serving, or approximately 600mg of Phenylethylamine.

As a dietary supplement, take 1-2 servings 1-2 times per day. Start at the lower suggested quantity to assess response.

The negative effects of Phenylethylamine are dependent on the amount taken, so use of a scale with 10mg/0.01g accuracy or better is highly recommended.

The benefits of Phenylethylamine are most effective when they are supported by a healthy diet and plenty of exercise.

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• This supplement is not intended to treat, diagnose, prevent, or cure any diseases. Consult your healthcare provider before use if you have a medical condition or if you are taking any prescription medications.

• It is safe to stack Phenylethylamine with other non-stimulating supplements, so long as the amount consumed does not exceed the suggested serving size.

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• Use of capsules, or mixing with tea, yogurt, apple sauce, or oatmeal may help make the powder more tolerable.

• It is not recommended to exceed the serving size for Phenylethylamine. Tolerance may occur after continuous use.

• Do not use Phenylethylamine if you are taking any medication or have any underlying medical conditions, without first consulting your doctor.

• Do not use if pregnant or breastfeeding.

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Beta Phenylethylamine HCl should be stored at or below room temperature in a tightly sealed durable container. Beta Phenylethylamine HCl should be protected from excess heat, direct sunlight, excess humidity, and moisture. Beta Phenylethylamine HCl has a retesting period of 3 years from the date of analysis when properly stored.
**REPORT OF ANALYSIS**

One jar labeled "PEA HCI #183038" was received on 24 March 2021. The powder in the bag was analyzed for specific components using high pressure liquid chromatography (HPLC). The results are summarized in the table below.

<table>
<thead>
<tr>
<th>Sample</th>
<th>Chromatographic Purity (%) area</th>
</tr>
</thead>
<tbody>
<tr>
<td>PEA HCI #183028</td>
<td>99.5</td>
</tr>
</tbody>
</table>

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**Chromatogram and Results**

![Chromatogram](image)