## 4 Certificate of Analysis

47 W Polk St. STE 100-24
Chicago, IL 60605
liftmode@liftmode.
Agmatine Sulfate
\& (1-Amino-4-guanidinobutane sulfate salt)


Agmatine Sulfate should be stored at or below room temperature in a tightly sealed durable container.
Agmatine Sulfate should be protected from excess heat, direct sunlight, excess humidity, and moisture.
Agmatine Sulfate should be protected from excess heat, direct sunlight, excess humidity, and moistur
Agmatine Sulfate has a retesting period of 2 years from the date of analysis when properly stored.

## Agmatine Sulfate



## Main Benefits

- Agmatine is a naturally occuring compound while Agmatine Sulfate can be used as a powerful and stress reducing supplement.
- Through a number of natural interactions with neurotransmission systems in the brain Agmatine has the potential to be used for an overall boost in mood.
- Agmatine is also known to have a positive influence on cognitive performance and overall brain health, while also supporting a healthy circulatory system.


## Main Cautions

- Agmatine Sulfate is considered to be safe within the recommended serving sizes.
- Do not exceed the recommended serving size. One study with an extremely large dosage of 2670 mg per day produced uncommon effects of nausea and diarrhea.
- Do not use this supplement without first consulting your doctor if you are taking any medication or have any underlying medical conditions.


## Usage Tips

- A 1.0 cc measuring scoop is included. One level scoop contains approximately one serving, or
approximately 600 mg of A dietary supplement, take 1-2 serving 1-2 times per day. Start at the lower suggested quantity to assess response.
-The negative effects are dependent on the amount taken. Use of a scale with $10 \mathrm{mg} / 0.01 \mathrm{~g}$ accuracy or better is highly recommended. - This supplement is not intended to treat,
diagnose, prevent, or cure any diseases. Consult
your healtheare diagnose, prevent, or cure any
your healthcare provider before use if you have a
medical condition or if you are taking any prescripmedical condition or if you are taking any prescrip tion medications.
- It is safe to stack Agmatine Sulfate with other supplements, so long as the amount consumed $600 \mathrm{mg} 1-2$ times per day $600 \mathrm{mg} 1-2$ times per day.
- Use of capsules, or mixing with yogurt, apple sauce, or oatmeal may help make the powder easier
to tolerate.
- The benefits of Agmatine Sulfate are most effective when they are supported by a healthy diet and plenty of exercise.


